Business energy contract type	Contract description	Specific contract features	Recommended for
Fixed-term contract	The amount that you pay per kWh for your energy is fixed. This relates to the unit price and your bill will change dependent on consumption.	Your energy rate stays fixed for the duration of the contract.	If you are looking for security and control over your business costs.
		Protection from increases in energy price rises.	
Variable-rate contract	Market activity dictates your unit price, meaning your bill will more volatile and not fixed.	If market conditions are favourable then your prices could fall reducing your costs.	years.
		Price increase are more common, particularly as they can be linked to inflation or the price of oil. If the prices increase in the market place then your costs will also increase.	
	have just taken over a new property. These are usually 28 - 30 day rolling contracts and are	A 28-day rolling contract that requires one months' notice prior to switching.	Not recommended for any business.
		Typically the rates are much higher than the market average.	
Rollover contract	will automatically roll over into a new one at the end of your current contract. These types of contracts are generally set up by	Rollover contracts are typically more expensive than the market average.	These contracts are rare due to how unfair they are deemed nowadays. If you find yourself in a rollover contract you should consider terminating the automatic rollover.
		Usually they are a minimum of another 12 months, but they can continue to roll into new contracts until you state otherwise.	